Minimal Sedation for Procedures

emupdates.com/minimalsedation

High Risk Features

Age > 60
BMI > 30 or sleep apnea
Body weight < 50 kg (110 lbs)
Significant cardiac, respiratory, liver or kidney disease
Ongoing sedative treatment (e.g. opioids, benzodiazepines, gabapentin)

No High Risk Features

Lorazepam 2 mg IM or PO

May repeat in 1 hour if needed

Alternatives:
Diazepam 10 mg PO
Midazolam 2 mg IM

or

Haloperidol 5 mg IM

May repeat in 1 hour if needed

One or More High Risk Features

Lorazepam 1 mg IM or PO

May repeat in 1 hour if needed

Alternatives:
Diazepam 5 mg PO
Midazolam 1 mg IM

or

Haloperidol 2.5 mg IM

May repeat in 1 hour if needed

8 hours required in between sedation attempts
if patient fails sedation attempt(s), requires procedural sedation / MAC per Anesthesia service