

Precipitous Delivery in the ED

Focused History

EGA / Due Date
 First Baby
 Prenatal Care (High Risk Factors?)
 Twins
 Head position on last US
 Prior C-sec

General Principles

Stay Calm
 Call for Help
 Identify Roles
 IV/O2/Monitor
 PPE

Assess Presenting Body Part - Head?

Do you have help?

C-sec in the OR

Assess Presenting Body Part

Arm/Hand (Double Check)

Get patient out of ED

Buttock

Do nothing until see axilla/nipple

Sweep arms out
 Grab mouth/face

Feel for nuchal cord

Don't worry

Reduce/
 Clamp

Delivery Baby

Deliver Placenta:
 Don't Pull
 Inspect (looks like a disc)

BLEEDING?

Resuscitate
 MTP

Head Out?

Wait for 1 minute

Head Out

Shoulder Dystocia

Tell Mom: "Stop Pushing"

Perform Maneuvers:
 McRobert's
 Cork Screw
 Push above symphysis

Goal:
 Baby out in 5-7 minutes

Drain Bladder
 Oxytocin (20 units IV or 10 units IM)
 Massage Uterus
 Methergine
 Hemabate
 Cytotoxic PR (30min onset)

Tone

Tissue

Trauma

Thrombus

80%

Yes (96-98%)

No (2-4%)

Yes (95%)

Loose

Tight

Consider:
 Telemedicine
 Phone Consult

